

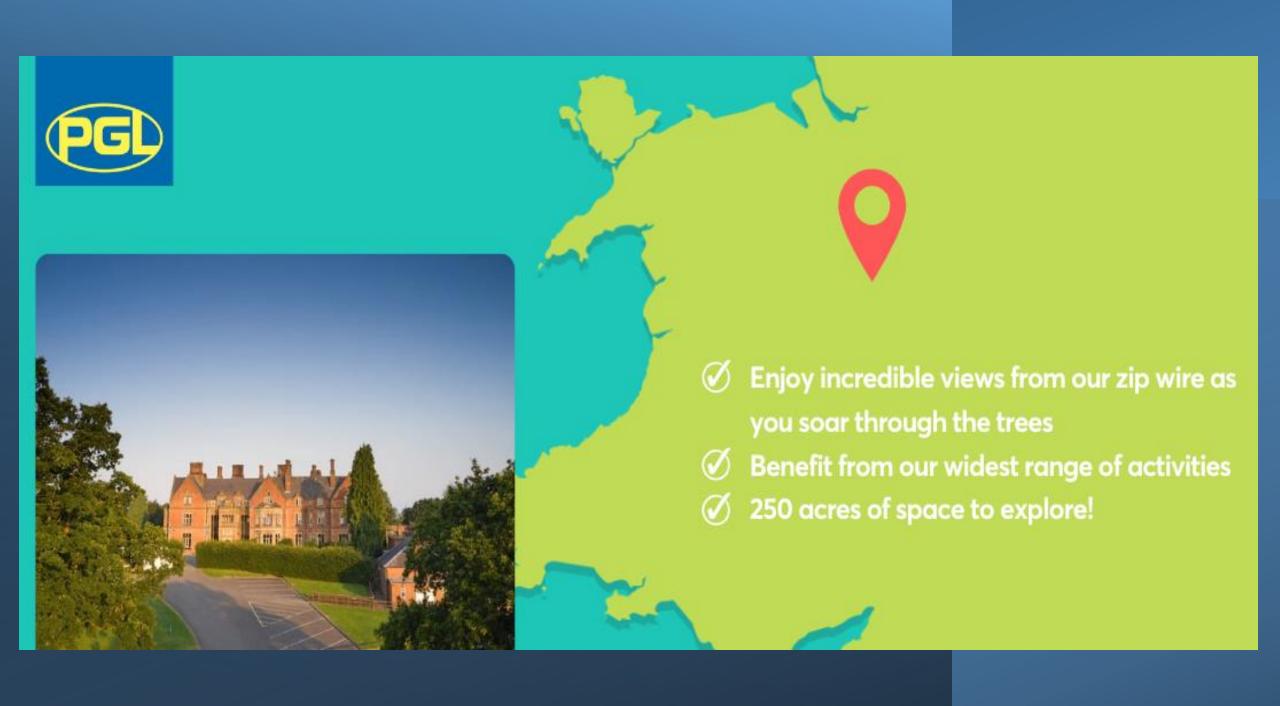






A home away from home, Boreatton Park

Set in 250 acres of grounds near Shrewsbury, Shropshire





The PGL Difference



Outdoor education experts



24hr on-centre support



A dedicated PGL Groupie



Personalised programme



3. External Verification

Introduction

PGL offers the widest choice of outdoor adventure activity centres of any UK operator, along with the benefit of half a century of operating experience. PGL's activity centres have been subject to external verification for decades and we have pleasure in providing you with outline details now for your reassurance and use.



Learning Outside the Classroom Quality Badge

All our centres are inspected, approved and awarded the Learning Outside the Classroom Quality Badge.

The Quality Badge is awarded to providers who not only pledge to engage in high quality learning outside the classroom, but can also demonstrate its fulfilment in practice. The Quality Badge initiative ensures that every Learning Outside the Classroom experience with a badged provider is of the highest quality and realises the learning outcomes and enrichment opportunities your group requires.



Adventure Activity Licensing Authority (AALA)

Some of our centres fall within the scope of the AALA regulations which were introduced in 1996. They apply to specific activities taking place in open environment situations. PGL has been inspected and licensed to operate the following:

Little Canada: dragon boating, kayaking, canoeing and sailing

Osmington Bay: abseiling, dragon boating, sailing, raft building, kayaking, and rock climbing

Whilst the scope of licensing itself is limited to certain activities, AALA makes the following extension statement:

"The Guidance to the Licensing Authority from the Health and Safety Commission states that the Licensing Authority should look for "a culture of safety overall". They do this in part by sampling non-licensable as well as licensable activities. Potential clients can therefore have the same level of assurance about all adventure activities offered by a licensed provider."



The British Activity Providers Association (BAPA)

The rest of PGL's UK centres do not have AALA licences because their activities are not in scope of the regulations. We realise the value of external verification and so we submit all our centres to voluntary inspection by BAPA. The BAPA Code of Practice lays down standards for accommodation, fire precautions and insurance, as well as best operational practice. It has been positively reviewed by AALA, LOtC.







National Governing Bodies

PGL's canoeing and sailing centres are inspected and approved by British Canoeing and the Royal Yachting Association. PGL's mountain biking centre is inspected and approved by British Cycling.



Training Accreditation

As a leading vocational trainer of activity centre staff, our operation is subject to regular review by awarding organisations such as the Open College Network West Midlands, BIIAB and 1st4sport, and we are subject to inspections from Ofsted.



Activities Trip Itinerary



	Session 1	Session 2	Session 3	Session 4	Evening
	9:00 - 10:30	10:40 - 12:10	14:10 - 15:40	15:50 - 17:20	19:30 - 20:30
Monday			Giant Swing (GS4)	Archery (A3)	Campfire (CF2- LAK)
			Archery (A3)	Giant Swing (GS4)	Campfire (CF2- LAK)
Tuesday	Zip Wire (ZG2)	Orienteering (OR3)	Jacob's Ladder (JL2)	Problem Solving (PS3)	Arts & Crafts (AC1)
	Orienteering (OR3)	Zip Wire (ZG2)	Problem Solving (PS3)	Jacob's Ladder (JL2)	Arts & Crafts (AC1)
Wednesday	Canoeing (OC1)	Canoeing (OC1)	Depart		
	Canoeing (OC2)	Canoeing (OC2)	Depart		

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CLUEDO

Team PGL need help to solve a great mystery onsite! Groups are given a map with locations of characters on, and a score card to find out who committed the crime! In groups they'll work to locate the character somewhere onsite and have a task to complete to receive information about the suspect. This game can take place in the evening, so torches are advised.











Evenings Activities

DISC GOLF

Your group will love trying their hand at this exciting, fast-paced sport in the great outdoors! A flying disc sport, players will take it in turns to throw a frisbee disc at a target as they make their way across a 9-holed disc course! The perfect introduction to both frisbee and golf, Disc Golf is the ideal way to incite a little healthy competition amongst groups! Disc Golf is also a daytime activity.











CAMPFIRE

The ultimate way to enjoy the great outdoors as a group! Enjoy a campfire tailored to your requirements. Get handson constructing your campfire during the day, and it will be lit ready for you to enjoy in the evening. If your group loves to sing or simply relax with some games around the campfire.

*if you wish to request a solo campfire please do so through the reservations team.













Accommodation



CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



FOOTWEAR

- 2 pairs of trainers
- ☐ 1 pair of dry shoes

for evening activities

1 for activities

1 old pair for watersports



OTHER ITEMS

☐ 2 towels → 1 for showering
1 old one for activities

☐ Reusable drinks bottle

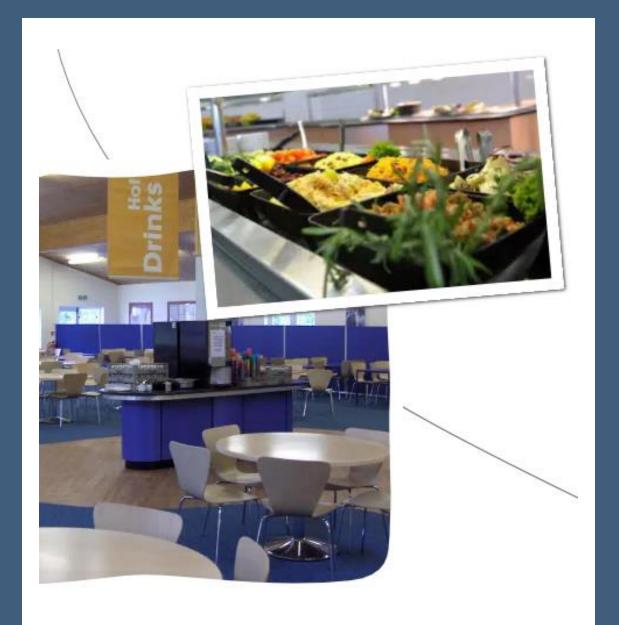
☐ Small rucksack/bag

☐ Labelled **bin bag** for wet and dirty clothing



Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)





Enjoyable mealtimes with nutritious and tasty food.

Whilst at PGL you'll enjoy three tasty meals a day – all nutritionally balanced to provide plenty of energy to keep you going all day long!

Our catering team can cater for any allergies or special dietary requirements, and can even can provide packed lunches if preferred.

- A mix of hot and cold meals with vegetarian options
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for

MONDAY

TUESDAY

WEDNESDAY

BREAKFAST

Baked Beans (ve) (Steen)

Hash Browns (ve) (174kcall)

Baked Beans (ve) (States)

Hash Browns (ve) (174kcmi)

Baked Beans (ve) (STREAT)

Hash Browns (ve) (174kcal)

Fresh Mushrooms (ve) (55kcal) Fresh Mushrooms (ve) (55kcal) Fresh Mushrooms (ve) (55kcal)

Sausages (300km)

Quorn[™] Vegan Cumberland (ve) (2148cat) Bacon (82kcal)

Quorn[™] Vegan Cumberland (ve) (234kcel) Sausages (300keni)

Quorn[™] Vegan Cumberland (ve) (214kmil)

Available every day: Porridge with toppers*

LUNCH

Pepperoni Pizza (stekcal)

Margherita Pizza (v) (575kcal)

Plant-based Margherita Pizza (ve) (576kcal)

Served with: Skinny Fries (ve) (354keal)

Beef Burger (309kcal)

Meatless Farm™ Plant Based Burger (367 kcal)

Served with: Ziggy Fries (ve) (404 kcal)

Battered Chicken Chunks (2078cal)

Vegetable Nuggets (ve)

Served with: Potato Wedges (ve) (256keal), Garden Peas (ve) (77keal), Sweetcorn (ve) (55km), Sweet Chilli Sauce (ve) (77kcal)

Available daily

Unlimited salad bar:

A combination of plain salad items, alongside a wide variety of composite vegan and meat salads are available at lunch and dinner.

Fresh fruit:

A variety of fresh fruit is available at all meals.

Nothing you fancy? Filled rolls - ham, tuna ma



Chicken Katsu Curry (275kcal)

Fish Fingers (276kcal)

Chicken Curry (434kcal)

Homemade Beef Lasagne (322 kcsl)

Shepherdless Pie (ve)

Hunters Chicken (434kcal)

Baked Cheesy Meatballs

Vegetable Lasagne (ve)

(217kcml)

Vegetable Curry (ve) (329kcs))

Sides: Baby Potato (ve) (264kcal), Baby Carrots (ve) (ztikcal), Whole Green Beans (ve) (zzkcal)

Sides: Rice (ve) (243kcal), Penne Pasta (ve) (308kcsl), Mixed Vegetables (ve) (45kcnl)

Sides: Garlic Bread (v) (162kcm), Rice (ve) (243kcsi), Garden Peas (ve) (77kcsi), Fresh Broccoli (ve) (43kcal)

Homebaked Iced Sponge Chocolate Muffin (v) (2810kcal) Jam Doughnuts (v) (2281kcal) Cake (v) (200kcsi)

Available daily

Unlimited salad bar:

A combination of plain salad items, alongside a wide variety of composite vegan and meat salads are available at lunch and dinner.

Fresh fruit:

A variety of fresh fruit is available at all meals.



Is your child unable to swim?

Parent consent form

(to be retained by school - PGL do not require a copy)

	Emergen	cy details				
Child's Full Name						
Full postal Address						
Date of Birth						
Place of Birth						
Parent / Guardian's Full Name						
	🕿 Day					
	Evening					
	Mobile					
Important Medical and Dietary Details						
Name of Doctor		🆀				
Please give details						
of any medical						
or current medication.						
Is your child allergic to any med	dication? Yes / No					
If YES please give details						
requirements.						
	Swimmi	ng Ability				
Is your child able to swim 50 m	Yes / No					
Is your child water confident (ca	Yes / No					
aid without panic)?						

Declaration

I have read the information sheet provided and agree to my child's participation in the activities described. I believe that the information provided above is correct and will notify the course organiser of any changes as soon as possible. I agree to my child receiving medication as instructed and to any emergency dental, medical or surgical treatment as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

Signature of Parent/Guardian

Date

Yes / No

The personal information supplied will only be used to allow PGL employees, agents, subcontractors and suppliers to provide the promised service to PGL's normal high standard.







PGL Travel Ltd, Alton Court, Penyard Lane, Ross on Wye, Herefordshire, HR9 5GL www.PGL.co.uk

Any questions?

